**GLASGOW HF OUTDOOR CLUB**

**LATE BACK STANDARD ACTION PLAN**

**ACTION BY THE MONITORING GROUP**

**Executive Officers of the club** (who under the terms of the club’s privacy/data protection statement may access members’ personal and emergency contact details if necessary)

**Those acting as first responders in the monitoring group currently are:** Richard Botting, Paul Harrison, Laura Nava,John Paul Marley.

1. **Contact the walk organiser** or if that is unsuccessful any other member of the walk group if no message has been received on the WhatsApp group that the party is back safely:
   1. If sunset is past: https://www.scotlandinfo.eu/daylight-hours-sunrise-and-sunset-times/
   2. Or 1 hour after scheduled walk finish time
2. **Record the action you are taking on the monitoring WhatsApp group**: contact others in the monitoring group for help if necessary

3.   If (after 1a or 1b has elapsed) and no contact has been made within 60 minutes; **call 999 or 112** and **ask for POLICE and then MOUNTAIN RESCUE** and then follow the instructions. Have details at hand of the location and planned route, the number in the party and contact details of the walk organiser

**FOR WALK ORGANISERS**

**What if your walk group has an emergency?**

If you have become lost or if there has been an accident or medical emergency of any kind:

1. **call 999** and **ask for POLICE and then MOUNTAIN RESCUE** and then follow the instructions; **or use the 999 text service**.

Do not wait until the situation has become dire before calling Mountain rescue – they would far rather know sooner than later about a potential problem. Even if you think you can all make your way down to safety, you must call them

1. **let the WhatsApp monitoring group know** that there has been an incident and whether or not you have been able to contact the emergency services
2. **If there is no phone signal and the party cannot make its own way down to safety**, make or seek shelter and give first aid to any casualties. If you have a satellite emergency beacon activate it